

Success Story of the Month (August)

Improving Hygiene Practice of Children in a Model (Namuna) School



Subash Rai, 8th grader of Rampur Basic School located in Mapya Dudhkoshi Rural Municipality has developed a habit of hand washing. 127 students including him have developed the habit of hand washing (Before and after having food, after using toilet and disposing garbage) in the school.

Subash said, *"I used to wash my hands, but I did not know the proper methods of washing hands and was not aware about personal health and hygiene. So, I did not take it very seriously. After REED Nepal's orientation, I have come to know how important it is in our daily life and how it saves us from illness and diseases. REED has not only helped us on awareness but also provided some hygiene materials. Due to the support on hygiene materials and awareness program, I have improved my habits to keep myself clean every day and stay healthy. I have also taught my good habits to my family as well. My other friends have enhanced their habits on personal health and hygiene. We all come to the school in neat and clean uniforms, clean our classrooms/school and practice the methods of hand washing "* He further added *"We have developed a slogan on **Bad Smell Free Toilet** which guides us on making it always clean"*

To bring such positive change in the school, REED Nepal has established hand washing corner in the school, renovated the toilet and provided hygiene materials such as soaps, towels, dustbins and mirrors in order to improve sanitation and hygiene of the students. In addition, REED Nepal in coordination with Government health personal has oriented the students about methods of hand washing and personal health and hygiene.

Besides, REED Nepal has aimed this school to make a Model (Namuna) in this Rural Municipality so that other schools will replicate the best practices of this school. With the vision of developing Model school, REED Nepal has supported on teachers' capacity building on literacy, pedagogy, classroom management and teaching learning materials development. Likewise, parental engagement with school has been increased through **"One parent one support, Tole Reading and Regular Monitoring System."** Library and science laboratory are established to develop reading habits of students and conduct the experiments of science materials. More, lunch boxes are provided to the children of grade 1 to 3 to develop the habits of carrying lunch from home. Sanitary pads are given to the girls for their hygiene and school regularity during menstrual periods.